iTRIAGE
HEALTH IS YOURS

Make health care decisions with confidence

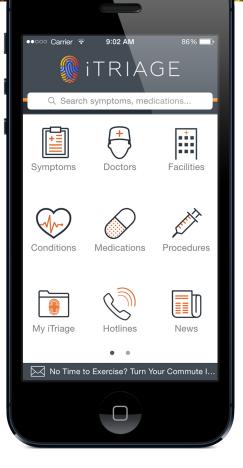## iTriage® is a free app from Aetna that puts you at the center of your health.

More than just a symptom checker, iTriage lets you:

- Find and connect with local doctors and medical facilities
- Search conditions, medications and procedures in real-life language
- Safely manage your health history

If you are enrolled in an Aetna medical plan, it's even easier to manage your health and costs. Link your Aetna Navigator™ account in iTriage to quickly access:

- In- and out-of-network doctors and medical facilities
- Claims history for you and family members on your plan
- A digital copy of your member ID card
- Nurse advice line and other contact numbers specific to your plan

aetna®

Download on the **App Store**

GET IT ON **Google play**

iTriage helps answer the 3 most common medical questions:

What could be wrong?
"I don't feel well. What's wrong with me?"

Search a symptoms list or tap a body part on the avatar to research the symptom and learn about possible causes and treatments.

Where can I go?
"How can I find a doctor that's a good fit for me?"

iTriage lets you view profiles of individual doctors and even search by specialty, type of service, location and gender.

Do they accept my insurance?
"Does the doctor down the street accept my insurance?"

By indicating your Aetna insurance plan, iTriage search results show local in-network doctors first, letting you find the most appropriate and cost effective care for your condition. You'll be alerted when you choose a costlier option or an out-of-network provider or facility, and will be prompted to consider a lower cost option.

Manage your personal health

The iTriage app also features My iTriage, a place to store personal health information and retrieve it on the go. In addition to accessing your employer sponsored insurance, benefits and plan information, My iTriage helps you easily manage your health and the health of your loved ones.

- Save your preferred doctors and facilities for quick access
- Manage appointments
- Save medication and dosage information and even set refill reminders
- Save information about conditions and treatments
- Save information about tests and procedures

Symptoms   Medications   Procedures

Grab your Aetna ID card and get started with iTriage

1. Download the free iTriage app – text **iTriage** to **31996** or visit **itriagehealth.com**.

2. Set up your secure My iTriage account.

3. In the My Insurance section of My iTriage, select Aetna as your carrier. Then enter your member ID and group number exactly as they appear on your insurance card, including spaces and dashes.

No smartphone? No problem. Get iTriage at itriagehealth.com. Questions? Learn more at about.itriagehealth.com/employees.

* If you don't already have an Aetna Navigator account, you will be able to create one on this page.

Information on iTriage is general in nature and is not intended and should not be used to replace the advice of a health care professional. Consumers are responsible for their use of the iTriage app. Network provider information may be limited. Apple, the Apple logo and iPhone are trademarks of Apple Inc., registered in the U.S. and other countries. App Store is a service mark of Apple Inc.

about.itriagehealth.com/employees

aetna®