



Save on massage, chiropractor visits, acupuncture and more

Aetna Natural Products and ServicesSM Discount Program

Save on a natural path to good health

You get the Aetna Natural Products and Services discount program to help. You can save on massage therapy, natural products, online provider consultations and more.

You get the program at no extra cost

It's built right into your Aetna benefits and insurance plan. And it helps you save on services health plans normally don't cover. Once you're an Aetna member, just log in to your secure member website at www.aetna.com to start saving.

Save on natural therapy services

Get at least 25 percent off the normal fee for these services through the ChooseHealthy[®] program:

- **Massage therapy**, to release tension and improve circulation
- **Acupuncture**, to heal areas of pain or stress with the use of needles
- **Chiropractic care**, to ease neck and back pain by adjusting the spine
- **Dietetic counseling**, for advice from registered dietitians on the foods you should eat

How to start

Find a program provider at www.aetna.com. Then bring your Aetna ID card to your appointment for savings on the spot.

Save on over 2,400 health and wellness products

You get at least 15 percent off the retail price through the ChooseHealthy program.* Free standard shipping, too.

Get discounts on:

- Over-the-counter vitamins
- Herbal and nutritional supplements
- Aromatherapy products
- Homeopathic remedies
- Natural body care products
- Yoga equipment and more

How to start

You can order by phone, fax or web. Visit your secure member website at www.aetna.com for details.

*The ChooseHealthy program is made available through American Specialty Health Networks, Inc. (ASH Networks) and Healthyroads, Inc., subsidiaries of American Specialty Health Incorporated (ASH). ChooseHealthy is a federally registered trademark of ASH and used with permission herein.



Relax, recharge and save.
Log in to www.aetna.com to start.

Get medical consultations online — and save

You'll get access to a network of medical doctors — the Vital Health Network.

These doctors can help you enhance your body's ability to prevent disease by using its *natural* powers.

You get:

- Advice on natural remedies for joint pain, allergies, headaches and many other conditions
- Secure messaging with a Vital Health Network doctor on the topic you chose
- 30% off the retail price of 1 online consultation
- 50% off the retail price of 2 or more online consultations

How to start

Log in to your secure member website at www.aetna.com. To start your consultation, just choose a condition and answer a few questions.

After you connect with the doctor online, you'll get a customized treatment plan for healthy living. Just visit your secure member website to view your plan.

No paperwork, no waiting

The program is easy to use. You can start saving as soon as you're an Aetna member!

More advantages:

- No referrals
- No claim forms to mail in
- No limits on how many times you can save

If your plan covers any of these services, figure out your plan costs before using these discounts. You could pay less that way.

Health benefits and health insurance plans are offered, underwritten or administered by Aetna Health Inc., Aetna Health Insurance Company of New York, Aetna Health Insurance Company and/or Aetna Life Insurance Company (Aetna). In Maryland, by Aetna Health Inc., 151 Farmington Avenue, Hartford, CT 06156. Each insurer has sole financial responsibility for its own products.

This material is for information only. Discount programs provide access to discounted prices and are NOT insured benefits. The member is responsible for the full cost of the discounted services. Health benefits and health insurance plans contain exclusions and limitations. Information is believed to be accurate as of the production date; however, it is subject to change. For more information about Aetna plans, refer to www.aetna.com.

Policy forms issued in Oklahoma include: HMO OK COC-5 09/07, HMO/OK GA-3 11/01, HMO OK POS RIDER 08/07, GR-23, GR-29 and/or GR-29N.

