

We Help with Clinical Issues



**Need to find a doctor?
Can't get in for an appointment?
Confused about coverage for services?**

Health Advocate, a benefit paid by your employer or plan sponsor, offers unlimited access to a Personal Health Advocate (PHA). Our PHAs, typically registered nurses, supported by medical directors and benefits and claims specialists, can help.

- Find the right doctors, hospitals and other leading healthcare providers anywhere in the country—including providers in your local plan's network
- Help schedule appointments with providers, including hard-to-reach specialists and critical care providers
- Answer questions about test results, treatments and medications recommended or prescribed by your physician
- Help you get the most out of your doctor visit—how to prepare, questions to ask
- Assist in the transfer of medical records, X-rays and lab results
- Locate and research the newest treatments for a medical condition
- Find qualified doctors for a second opinion ...and more

Real People...Real Results

"But, What Does That Mean?"

John called Health Advocate to get answers after learning his wife's thyroid biopsy results came back "undetermined." Did she need surgery? Should they seek a second opinion? If surgery is warranted, where could they find a qualified surgeon?

Health Advocate researched treatment options, provided questions to ask the doctor, and found a physician at a leading medical center for a second opinion. Fortunately, the center's pathologist determined that the biopsy was benign and that surgery was unnecessary.

Contact Us for HELP!



866.695.8622



Email: answers@HealthAdvocate.com

Web: www.HealthAdvocate.com/members

Our normal business hours are 8 am to 9 pm Eastern Time, Monday through Friday. After hours and during weekends, staff is available for assistance with issues that need to be addressed during non-business hours.

Independent. Confidential. Convenient.

Health Advocate is not affiliated with any insurance or third party provider. Health Advocate does not replace health insurance coverage, provide medical care or recommend treatment.



**HEALTH
Advocate™**